

Victoria Brain Injury Society



Family Support Services

Brain injury affects families too.

An acquired brain injury can change a person's abilities and the way that person relates to those around them. This often leaves family and friends with the difficult task of exploring their new roles and redefining their relationships. We provide support for family members and friends of brain injury survivors.

Support Group

Family support group meets the last Thursday of the month. The group is for friends and family members of brain injury survivors. The group is a safe space free from judgement for family and friends to discuss issues relating to brain injury.

This group will be resuming in October 2018 after a short summer hiatus - thank you for your patience

Case Management

One-on-one support for family, spouses/partners and caregivers of someone with an acquired brain injury.

Individual case management assists the family/friends to help a person with an acquired brain injury to maximize their rehabilitation potential and to live as independently as possible. It provides family and friends a private and more comprehensive opportunity to become further educated about the issues they and their loved one's will be facing as a result of the brain injury. Although family members do not incur the injury, they are the ones often responsible for making a host of important decisions for their loved ones. Families always have many questions concerning their loved one's further recovery, legal issues, financial issues, services and resources available and the long term implications of the injury.

Contact our [Intake Coordinator](#) to set up an appointment where we will discuss the possibility of working with our case managers towards your goals.

To Whom It May Concern:

On behalf of myself and my family I can't say enough how much the support of the Victoria Brain Injury Society has meant to me and my family. I started coming here several years ago for counselling as I was dealing with a husband who had a virus attack his brain. It was such a difficult time trying to deal with this person who I had fallen in love with and now he was no longer there in mind, just in body. I think that is one of the hardest things that you have to deal with - that you are now living with a stranger and not the one who was always there for you.

I learned from going to the family groups that so many other families were going through this same horrible ordeal and I was not alone. It was wonderful, the feeling that you were not alone. The counselors were so great and I spent some one on one time with them and the support from them was so reassuring. I wasn't going crazy and I had to learn from their support to deal with the day to day situations as they came up. At times I felt I was blessed in a way, as so many of the women that were coming to the meetings were still dealing with young children. I was lucky because my children were grown and they had the opportunity to know what kind of a man my husband truly was, not the person he was now. All of the strength that I could get to carry on and deal with the problems came from the counselors or other people dealing with the same sad stories.

I can never thank the staff enough for the support they have given me. Even now that I have lost the love of my life I know that they are there for me and when I am going through a rough time I know that one of the counselors will be there for me.

The Victoria Brain Injury Society helps so many people and it is truly a shame that there is not enough financial support for them to be able to deal with so many more people because I am sure there are hundreds of people who are floundering as I was before I was directed to their office.

Thanks are not enough for all the support and guidance I received from the staff and continue to receive from them.

Thanks,

Ruth