

# Concussion Signs and Symptoms

"Take Care - Be Aware"



**Irritability**



**Balance problems**



**Dizziness**



**Sensitivity to light**



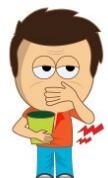
**Nervous or Anxious**



**Difficulty concentrating**



**Blurred vision**



**Nausea or vomiting**



**Headache**



**Sensitivity to noise**



**Feeling slowed down**

**Report any potential signs and/or symptoms of concussion to your coach, teacher, friend, parent, doctor or other responsible person.**



**More emotional**



**Drowsiness**



**Fatigue or low energy**



**Confusion**



**"Pressure in head"**



**Trouble falling asleep**



**Neck Pain**



**Feeling like "in a fog"**



**"Don't feel right"**



**Difficulty remembering**



**Unusually Sad**